



# Belgian Open



Dear Shihan, Sensei and Sempai,

I am pleased to invite you to the 10<sup>th</sup> edition of the Belgian Open Kyokushin organised by the IKO Belgium Branch Domenico Firenze.

It will take place on Saturday, April 18, 2026, from 9:30 AM to 5:00 PM at the Complexe Fourcaut (147 rue des Français, 6020 Dampremy). The nearest airport is Bruxelles-Sud Charleroi (CRL).

## CATEGORIES :

### KATA :

Mix 8/9 yo : 1<sup>st</sup> Kata : Taikyoku sono San / Final Kata : Pinan Sono Ichi **NEW**

Mix 10/11 yo : 1<sup>st</sup> Kata : Pinan Sono Ichi / Final Kata : Pinan Sono Ni **NEW**

Mix 12/13 yo : 1<sup>st</sup> Kata : Pinan Sono San / Final Kata : Pinan Sono Yon **NEW**

Mix 14/15 yo : 1<sup>st</sup> Kata : Yantsu / Final Kata : Saifa

Men 16 yo and + : 1<sup>st</sup> Kata : Saifa / Final : Seienchin, Kanku, Sushiho, Bassai

Women 16 yo and + : 1<sup>st</sup> Kata : Saifa / Final : Seienchin, Kanku, Sushiho, Bassai

Mix +35 yo : 1<sup>st</sup> Kata : Saifa / Final : Seienchin, Kanku, Sushiho, Bassai

### KUMITE :

Boys 8 – 9 yo -25kg / -30kg / -35kg / +35kg

Boys 10 – 11 yo -35kg / -40kg / -45kg / +45kg

Boys 12 – 13 yo -40kg / -45kg / -50kg / +50kg

Boys 14 – 15 yo -50kg / -55kg / -60kg / -65kg / +65kg

Girls 8 – 9 yo -25kg / -30kg / +30kg

Girls 10 – 11 yo -35kg / -40kg / +40kg

Girls 12 – 13 yo -40kg / -45kg / +45kg

Girls 14 – 15 yo -50kg / -55kg / +55kg

Juniors mens 16 – 17 yo -55kg / -65kg / -75kg / +75kg

Elite Mens 18 – 35 yo -60kg / -70kg / -80kg / - 90kg / +90kg

Hommes Senior +35 yo -85kg / +85kg

Mens beginners +18 yo -70kg / - 80kg / - 90kg / +90kg (maximum yellow belt (5<sup>th</sup> Kyu))

Juniors Women 16 – 17 yo -55kg / -60kg / +60kg

Women Elite 18 - 35 yo -55kg / -65kg / +65kg

Women Seniors +35 yo -55kg / -65kg / +65kg

**NB : Some categories could be regrouped in lack of participants. If it's the case the organisation will inform each Dojo in advance.**

Domenico Firenze  
BC IKO Belgium



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## Useful Information

- **Location/Time :**

Complexe Fourcaut (Rue des Français 147, 6020 Dampremy)

- **Hotel :**

There is no official hotel for this event but the two closer are :

**Novotel Charleroi Centre**  
**Ibis Charleroi Centre Gare**

- **Competitors and Weight check in :**

FRIDAY April 17<sup>th</sup> from 17h00 – 21h30 at Eiki Dojo (43 rue Volta, 6001 Marcinelle)  
SATURDAY April 18<sup>th</sup> from 7h30 – 9h00 : complexe sportif Fourcaut

*PS : In order to ease the morning organization, we kindly ask the participating dojos to prepare a folder in which the medical certificate, the discharge and the picture copyrights will be signed and filled in **for each competitor**.*

- **Registration Form :**

Registration is done by email to : [domenicofirenze@ikobelgium.com](mailto:domenicofirenze@ikobelgium.com)

- **Registration Fees :**

A registration fee of 50€ will be asked for each competitor for 1 category and 70€ if multiple category. It includes the Lunch and the official T-Shirt. The total amount of the fees shall be paid by bank transfer on the IKO Belgium Bank account.

Bank Name : IKO Belgium / IBAN account number: **BE35 0689 3679 7937**. Please add the following communication: « **Open Belgique, dojo name, number of fighters** », i.e.: « *Open de Belgique, Eiki Dojo, 6 fighters* ».

We thank you in advance for making one single payment by team. Entry is 5€ for spectators more than 12yo.

Please send an e-mail to [domenicofirenze@ikobelgium.com](mailto:domenicofirenze@ikobelgium.com) when you have made the payment and registration

**“REGISTRATION DEADLINE is Friday the 10<sup>th</sup> of April”**



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- **Rules / Categories :**

The tournament will follow IKO international kumite rules.

It is possible that some category will be combined or removed if lack of competitors.

- **Catégories Kids age 8~13yrs and +35 yrs**

90sec → 90sec → decision

- **Category Junior Age 14~17yrs**

120sec → 120sec → decision

- **Category Elite Hommes et Femmes**

120sec\* → 120sec → Weight (3kg) → 120sec

\* 180sec 1st round for finals

- **Poule system (3 participants) :**

10 points are always given :

Hikiwake 5 - 5

Victory by decision : 6 - 4

Victory by Wazari : 8 - 2

Victory by Ippon : 10 - 0

The winner of the category will be the fighter who has the most victories and, in case of equality we watch the highest score.

1 round of 90 sec → 15 years / 1 round of 120 sec 16 years and +

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- **Protections :**



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Categories	Protections							
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	Head gear / face cover	Head gear	fist guard open fingers	Shin/foot	knee pad	Body protection *	groin protection	brest protection
<b>Kids-Youth boys (8-15)</b>	YES	/	YES	YES	YES	YES	YES	NO
<b>Kids girls (8-11)</b>	YES	/	YES	YES	YES	YES	NO	NO
<b>Youth girls (12-13)</b>	YES	/	YES	YES	YES	YES	NO	NO
<b>Youth girls (14-15)</b>	YES	/	YES	YES	YES	YES ..	NO	YES
<b>Junior men (16-17)</b>	NO	YES	YES	YES	YES	NO	YES	NO
<b>Junior girls (16-17)</b>	NO	YES	YES	YES	YES	NO	NO	YES
<b>Mens Elite +18</b>	NO	NO	NO	NO	NO	NO	YES	NO
<b>Girls Elite + 18</b>	NO	NO	NO	NO	NO	NO	NO	YES
<b>Mens beginners</b>	NO	YES	YES	YES	YES	NO	YES	NO
<b>Senior Elite +35</b>	NO	YES	YES	YES	YES	NO	YES	NO

categorie 14-15 yrs : Pas de plastron pour les finales / No body protection for the finals

**ATTENTION : Body protections are provided by the organization. Head Gear can also be provided if needed.**

- Judges / referees:

We gently ask each dojo to provide a judge and/or a referee. It would give us great pleasure to offer them the midday meal on the occasion.

- Official table :

We kindly ask the competitors and the coaches not to walk nor stay behind the official table.

- Coaches :

A maximum of two coaches per team is allowed (If only one fighter so only one coach).

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- **Changing rooms :**

The changing room area is strictly reserved for competitors, coaches, medical staff and the official organizers. No other person will be admitted in that area.

- **Food and drinks :**

Fast food, drinks and snacks will be sold on the spot with a restaurant view on the sport hall. Breakfast will be available at the sport hall at 8h30.

- **Veteran categories :**

35-year-old competitors (and higher) are allowed to take part in lower-aged categories if they wish to.

- **Beginners Categories :**

This category is forbidden for green, brown, black belts and experimented competitors.

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## Timetable of the day (to be confirmed)

**07.30** : Opening to complete registrations and weighings

**09.00** : Referee board meeting for KATA

**09.30** : Start Kata competition

**11.00** : Opening ceremony

**11.30** : Kumite beginning

**12.15** : Break

**13.30** : Fighting resumes

**16.00** : Finals on Tatami A

**17.00** : Prize presentation